



Information About Health Care in the UK

| Who Can Have Free Health Care in the UK? | Who Can't Have Free Health Care in the UK? |
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| <ul style="list-style-type: none"> • Students from the European Union, the European Economic Area and Switzerland who have an EHIC card. • Students from countries that have health agreements with the UK (see page 2 for lists of countries). • 11-month visa students from other countries who have paid the NHS Surcharge. | <p>Students from other countries who have not paid the NHS Surcharge.</p> <p>(If you have a six-month visa or entry stamp, you have not paid the NHS Surcharge.)</p> |
| <p>Minor Illnesses</p> <p>If you have something minor like a cough or a cold, do not go to the doctor. Go to a pharmacy and buy medicine there. This is not expensive but it is not covered by your insurance*.</p> | <p>Minor Illnesses</p> <p>If you have something minor like a cough or a cold, do not go to the doctor. Go to a pharmacy and buy medicine there. This is not expensive but it is not covered by your insurance*.</p> |
| <p>Seeing a Doctor</p> <p>If you are here for six months or more, you should register with an NHS (National Health Service) doctor.</p> <p>If you need a doctor, see an NHS doctor. Either go to the Drop-in Centre in the station or ask your homestay to make an appointment for you at their doctor. This is free for you if you take either your EHIC-card or a letter from the school to say you have paid the NHS surcharge.</p> <p>Medicine will cost about £8-£10. You must pay first and then claim this back from your insurance*.</p> | <p>Seeing a Doctor</p> <p>If you need a doctor, see an NHS (National Health Service) doctor. Either go to the Drop-in Centre in the station or ask your homestay to make an appointment for you at their doctor. You must see the doctor as a private patient.</p> <p>This will cost about £50 and medicine will normally cost about £10. You must pay first and then claim it back from your insurance*.</p> |
| <p>Going to Hospital</p> <p>Do not go to hospital unless you have an accident or you are very seriously ill. In Eastbourne, you must go to the District General Hospital. It is possible that they may take you to the Conquest Hospital in Hastings.</p> <p>This is free for you if you can show your EHIC-card or if you can show that you have paid the NHS surcharge.</p> <p>If you are in hospital, please telephone the LTC emergency number +44 798 534 3440 immediately so that we can help you.</p> | <p>Going to Hospital</p> <p>Do not go to hospital unless you have an accident or you are very seriously ill. In Eastbourne, you must go to the District General Hospital. It is possible that they may take you to the Conquest Hospital in Hastings.</p> <p>The Accident and Emergency unit is free, but you must pay for anything else including X-Rays, a hospital bed or operations. This can be extremely expensive but you do not pay. Give the hospital your insurance details. They will contact your insurance company.</p> <p>If you are in hospital, please telephone the LTC emergency number +44 798 534 3440 immediately so that we can help you.</p> |
| <p>Seeing a Dentist</p> <p>Ask LTC or your homestay to find a dentist for you. You should normally see an NHS dentist. Take your EHIC-card or a letter from LTC to say that you have paid the NHS surcharge but you may have to be a private patient and you will certainly have to pay. It can be expensive: £60-£70 for an inspection and treatment can cost from £100-£200 or more.</p> <p>The insurance* company will only pay for emergency treatment to stop pain. This may be temporary treatment until you go back to your country, when you will need to see your dentist for a permanent solution.</p> <p>You must pay first and then claim it back from your insurance*.</p> | <p>Seeing a Dentist</p> <p>Ask LTC or your homestay to find a dentist for you. You should normally see an NHS dentist but will probably go as a private patient. You will have to pay and it can be expensive. It costs about £70 for an inspection and treatment can cost from £100-£200 or more.</p> <p>The insurance* company will only pay for emergency treatment to stop pain. This may be temporary treatment until you go back to your country, when you will need to see your dentist for a permanent solution.</p> <p>You must pay first and then claim it back from your insurance*.</p> |
| <p>Other Expenses</p> <p>If you are very sick and you need to go home early or your family need to visit you in England, ask LTC to inform your insurance* company first. You must pay for transport etc and claim back later.</p> | |
| <p>How to Claim Insurance*</p> <p>Keep receipts for all your costs. Ask LTC to give you an insurance* claim form.</p> | |

* This advice is only for students who have bought insurance through LTC. Other insurance companies may be different.

If you are a resident of one of these countries you can have free healthcare on the NHS (National Health Service) if you have an [EHIC card](#):

EU Countries: Austria, Belgium, Bulgaria, Croatia, Cyprus (Greek section), Czech Republic, Denmark, Estonia, Finland, France, Germany, Greece, Hungary, Ireland, Italy, Latvia, Lithuania, Luxembourg, Malta, Netherlands, Poland, Portugal, Romania, Slovakia, Slovenia, Spain, Sweden

EEA states: Iceland, Liechtenstein, Norway

Switzerland

Other countries with health agreements with the UK: Bosnia, Macedonia, Montenegro, Montserrat, Serbia

Students from other countries can only have free health care on the NHS if they have an 11-month visa and paid the [NHS surcharge](#) when they applied for their visa.