



Sample Living Costs in Eastbourne(January 2018)

Item	Cost	Notes
Bus Travel (Stagecoach)		www.stagecoachbus.com
Single ticket	£2.60	
All-day ticket (Day rider)	£4.00	
7-day ticket (Mega rider)	£14.00	
Train Travel		www.nationalrail.co.uk
London day return (Saturday or Sunday)	£18.80*	Tickets are more expensive on weekdays, especially in the morning.
London day return with Underground	£24.70*	Tickets are more expensive on weekdays, especially in the morning.
Gatwick Airport to Eastbourne	£16.00*	Tickets are more expensive on weekdays, especially in the morning.
*Train tickets are cheaper when you buy for 3 people travelling together.		
Coach Travel		www.nationalexpress.com
Heathrow Airport to Gatwick Airport Single (National Express)	From £15	You can then take direct train from Gatwick to Eastbourne
Stansted Airport to London Victoria	From £6	You can then take direct train from London Victoria to Eastbourne
Excursions with Discovery Tours (including transport)		www.discoverytours.uk.com
London Saturday Trip	£40	
Oxford Sunday Trip	£45	
Stonehenge & Bath Sunday Trip	£55	
Paris 3 days 2 nights	From £165	
London Musical	From £65	
Premiership football	£95-£145	
International Football	£75-£85	
Eating and Drinking		
Sandwich	£2.50-£3.50	
Chocolate bar	70p	
Potato crisps	70p	
Bottle of water	70p	

Coca cola (0.5l)	£1.00	
Coffee	£2.50	LTC coffee machine: 80p
Chinese takeaway noodles	From £8.00	
Takeaway medium pizza	From £5.00	
McDonald's Big Mac Meal	£4.69	
Cheap restaurant	£7.00-£10.00	
Mid-range restaurant	£10.00-£20.00	
Expensive restaurant	£20.00-£80.00	
Pint of beer	From £3.50	You have to be 18 to purchase alcohol
Glass of wine	From £3.40	You have to be 18 to purchase alcohol
Coca cola in a bar	£2.00	
Cigarettes		
Pack of 20 cigarettes	From £7.30	England is a good place to stop smoking!
Entertainment		
Cinema ticket	£5.50	Take your LTC card
Bowling	£6.95	Plus £2.90 for the return train
Swimming	£5.50	Plus £3.90 for the return bus
Gym (1 day pass)	From £6.00	

